

# SPCH 101, Interpersonal Communication

## Lab #3, Self-Disclosure

Click [here](#) to begin.

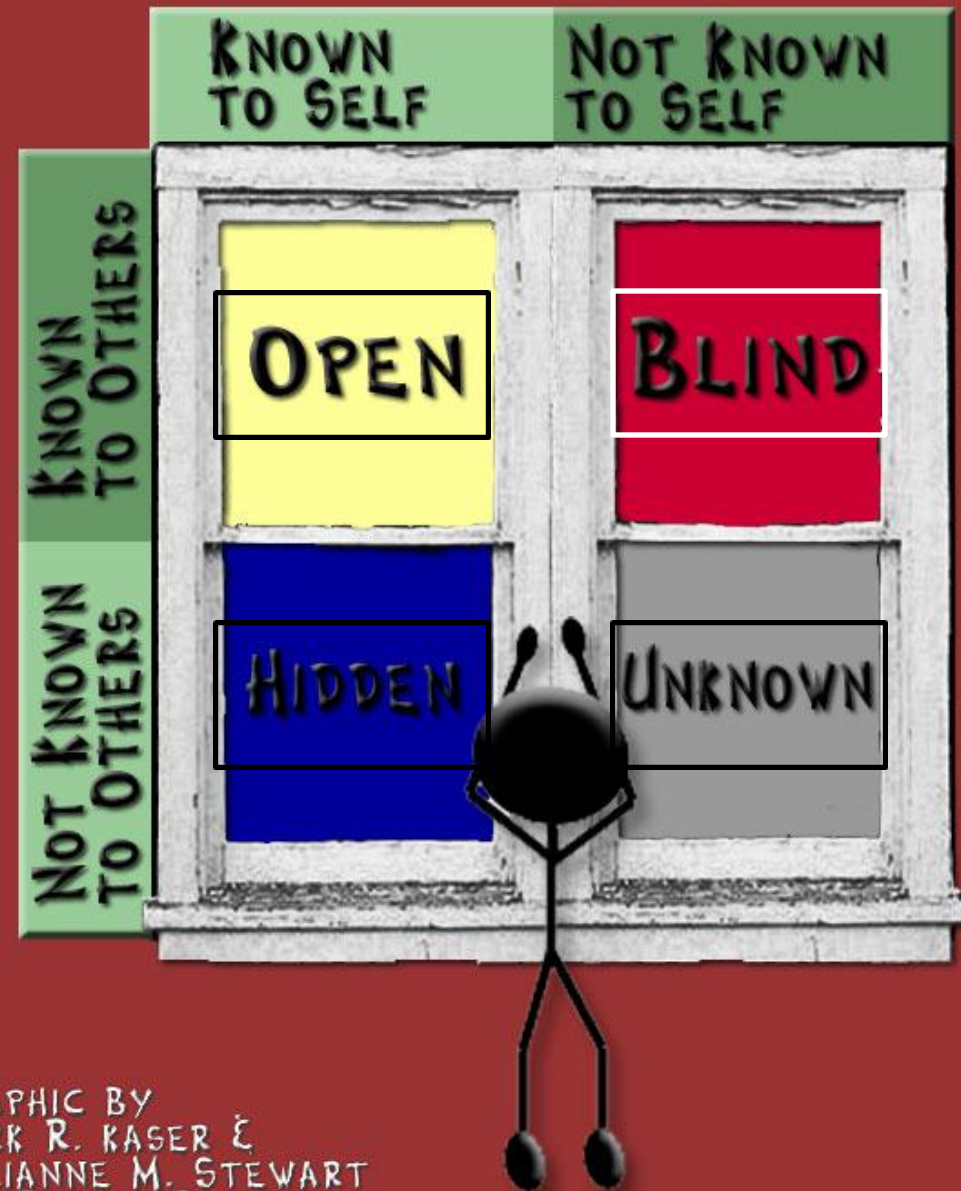
# JOHARI WINDOW

## Instructions:

Janet is a member of the CMU basketball team this year.

Let's use some information about Janet to explore the Johari Window.

Choose one of the window panes to explore by clicking on the desired window.

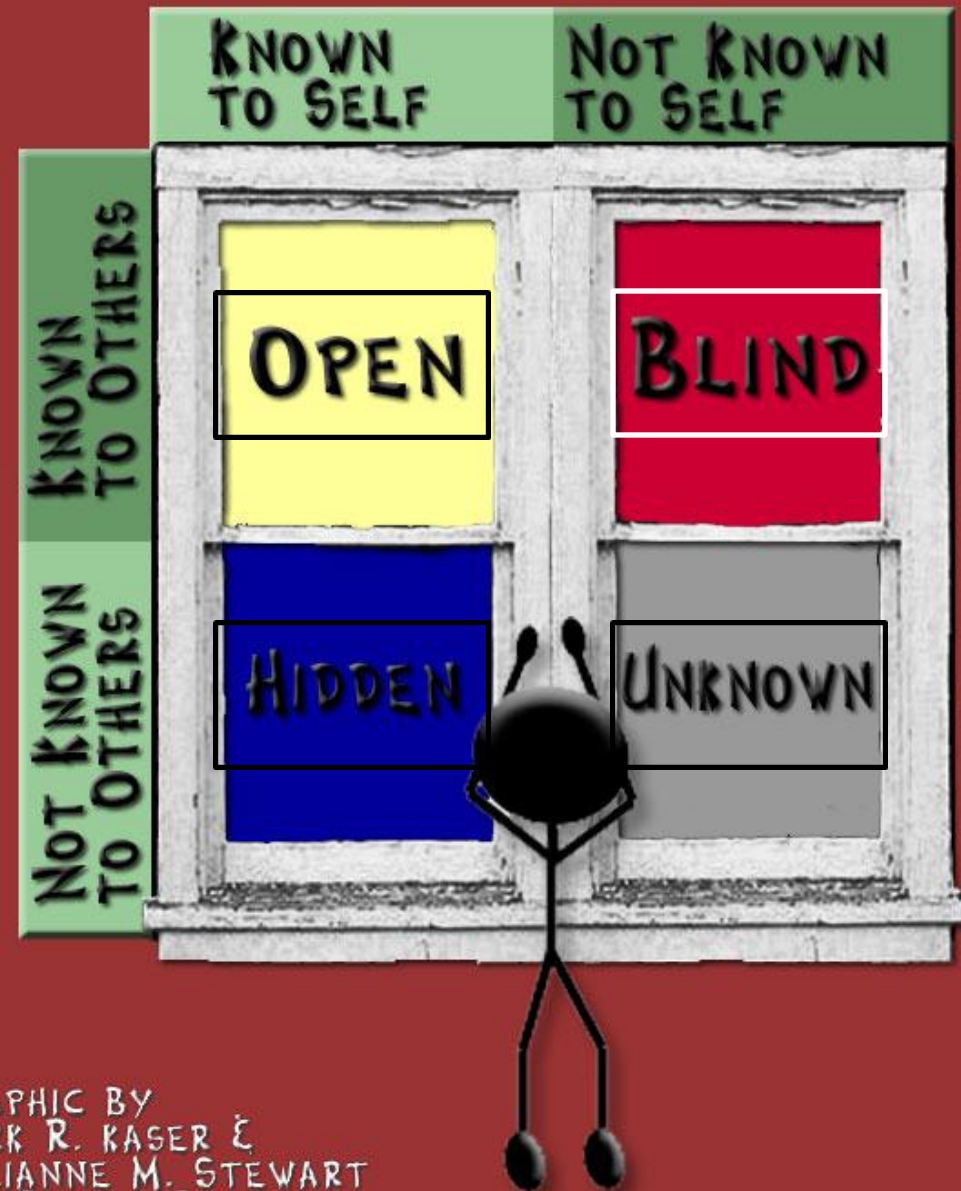


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JULIANNE M. STEWART  
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# JOHARI WINDOW

Choose one of the window panes to explore by clicking on the desired window.

I have explored all the window panes and am ready to complete the [worksheet](#).



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# Open

Janet tends to be very private when it comes to disclosing information about herself. She only discloses to a couple teammates and even then, she doesn't disclose much.

Janet has a **SMALL** open window.



I am finished exploring this window pane.

# Blind

Janet is an incredible basketball player. Many people who come to the games, come to watch her. Her teammates think she is one of the most valuable. Janet does not realize how great of a player she is, that she has fans, or that her teammates value her so much.

Janet has a  
**LARGE** blind  
window pane.



I am finished exploring  
this window pane.

# Hidden

Janet tends to be very private disclosing information about herself to only a couple of her teammates and even then, she doesn't disclose much.

Additionally, she rarely tells her teammates about her family or what is going on in her courses.

Janet has a **LARGE** hidden window.



I am finished exploring this window pane.

# Unknown

Even though Janet is very private and doesn't tell her teammates much about herself and doesn't realize how valuable of a player she is, she has a pretty good idea of who she is, what her goals in life are, etc. Though others don't know a whole lot about her personal life since she doesn't share that information, people do know that Janet is a great basketball player and that she is a good student (which they know from reading her name in the newspaper for being on the honor roll).

Janet has a MEDIUM size unknown window.



I am finished exploring this window pane.

# Complete the Worksheet

[Johari Window Worksheet.pdf](#)

If you encounter problems opening this file, go to the “Assignments” page on the course website and choose “Johari Window Worksheet.”